

Spiritualism and Laugh Club



Swami Vivekananda Institute of Management, (SVIM), Baniatangi, Khordha, has constituted a Spiritualism and Laugh Club which promotes inner peace, positivity, and stress relief through meditation, laughter therapy, and mindfulness practices. Inspired by Swami Vivekananda's teachings, it nurtures holistic well-being and emotional balance.

Objectives of Spiritualism and Laugh Club :

- a. Promote inner peace, mindfulness, and emotional well-being.
- b. Encourage positivity, resilience, and stress relief through laughter and spiritual practices.
- c. Foster a supportive, inclusive community focused on holistic development.

Members of Spiritual and Laugh Club

Sl. No	Name	Designation	Position
1.	Prativa Prayasi Mohapatra	Asst. Professor	Adviser
2.	Banita Prusty	Student 2nd semester MBA	Coordinator
3.	Deepika Majhi	Student 4th semester MBA	Coordinator
4.	Anusandhya Das	Student 2nd semester MBA	Member
5.	Kalia Sethi	Student 4th semester MBA	Member

Functions of Spiritualism and Laugh Club :

- a. Organize meditation, prayer, and mindfulness sessions.
- b. Conduct laughter therapy, humorous events, and positive thinking workshops.
- c. Celebrate spiritual festivals and host talks on values and personal growth.

Roles and Responsibilities

- a. Adviser: Provides guidance, ensures club activities align with college policies, and supports overall development.
- b. Convenor: Leads the club, organizes meetings and events, coordinates with members, and ensures smooth execution of plans.
- c. Members: Actively participate in activities, contribute ideas, support event organization, and uphold the club's values and objectives.

Outcome

The club helps reduce stress, promote emotional well-being, and build a positive mindset. It enhances mental peace, encourages social bonding, and creates a joyful, harmonious environment on campus for both students and staff.

Panda Prusty

Coordinator

Ans

Chair-person